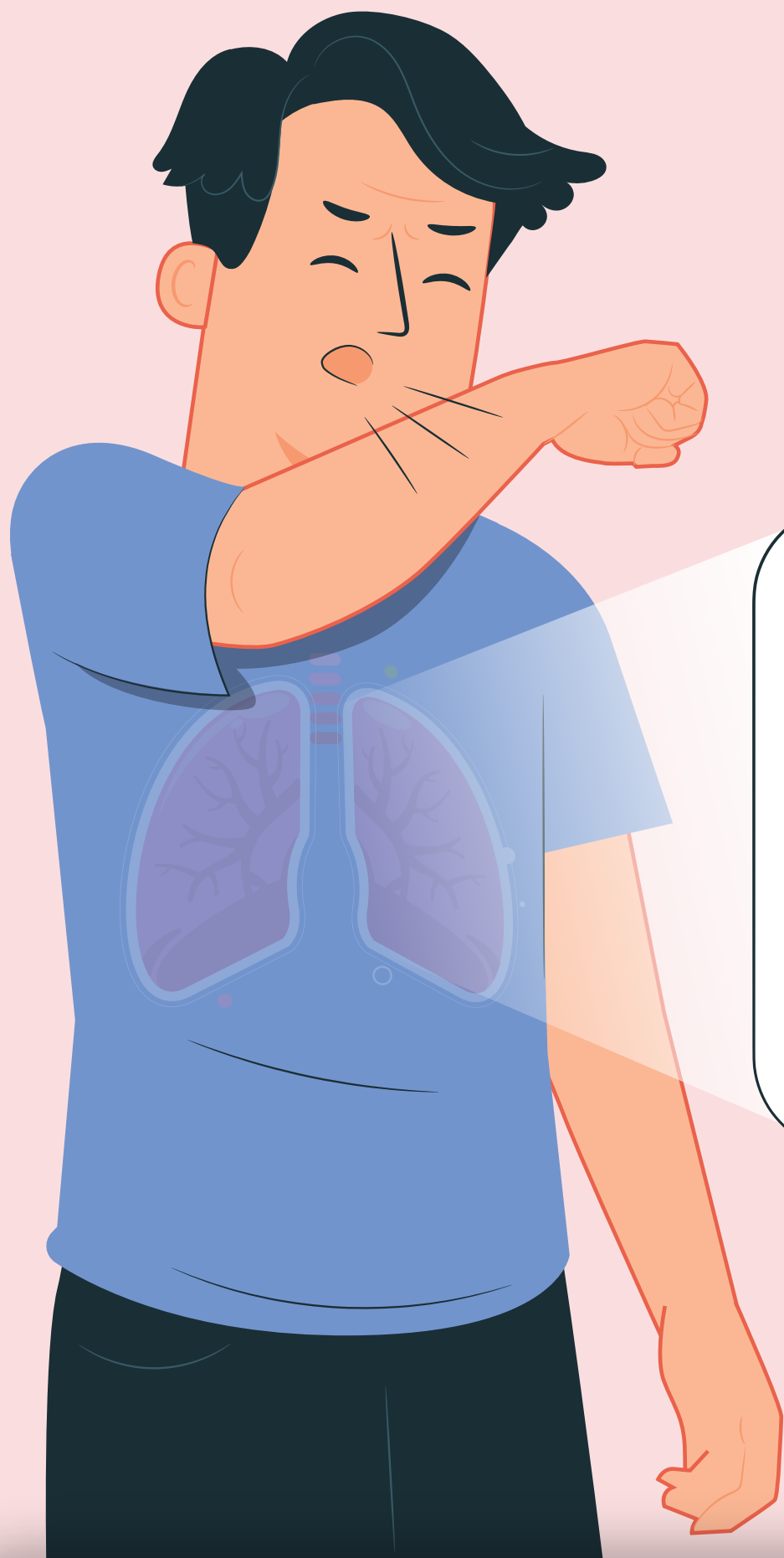


PNEUMONIA



Pneumonia is the **infected condition of the alveoli** in the lungs, often caused by bacteria, viruses and fungi. In particular, the appearance of **Adenovirus** is also causes pneumonia. It may affect one part or multiple parts of the lungs (lobe or "multi -lobe" pneumonia), or the entire lung.

! Symptoms



Chest pain when breathing or coughing.



Cough, dry cough, phlegmy cough.



Fever above 38°C, sweating and chills.



Fatigue, tiredness and anorexia.



Rapid breathing, shortness of breath on exertion.



Nausea, vomiting and diarrhea.

Shield Prevention



Keep your body warm, especially the neck, chest and feet.



Keep your personal hygiene, clean accommodation and utensils.



Have a reasonable diet and healthy lifestyle.



It is necessary to promptly examine and treat the upper respiratory diseases to avoid affecting the lungs.



Wear a mask when going outside.



Exercise daily.