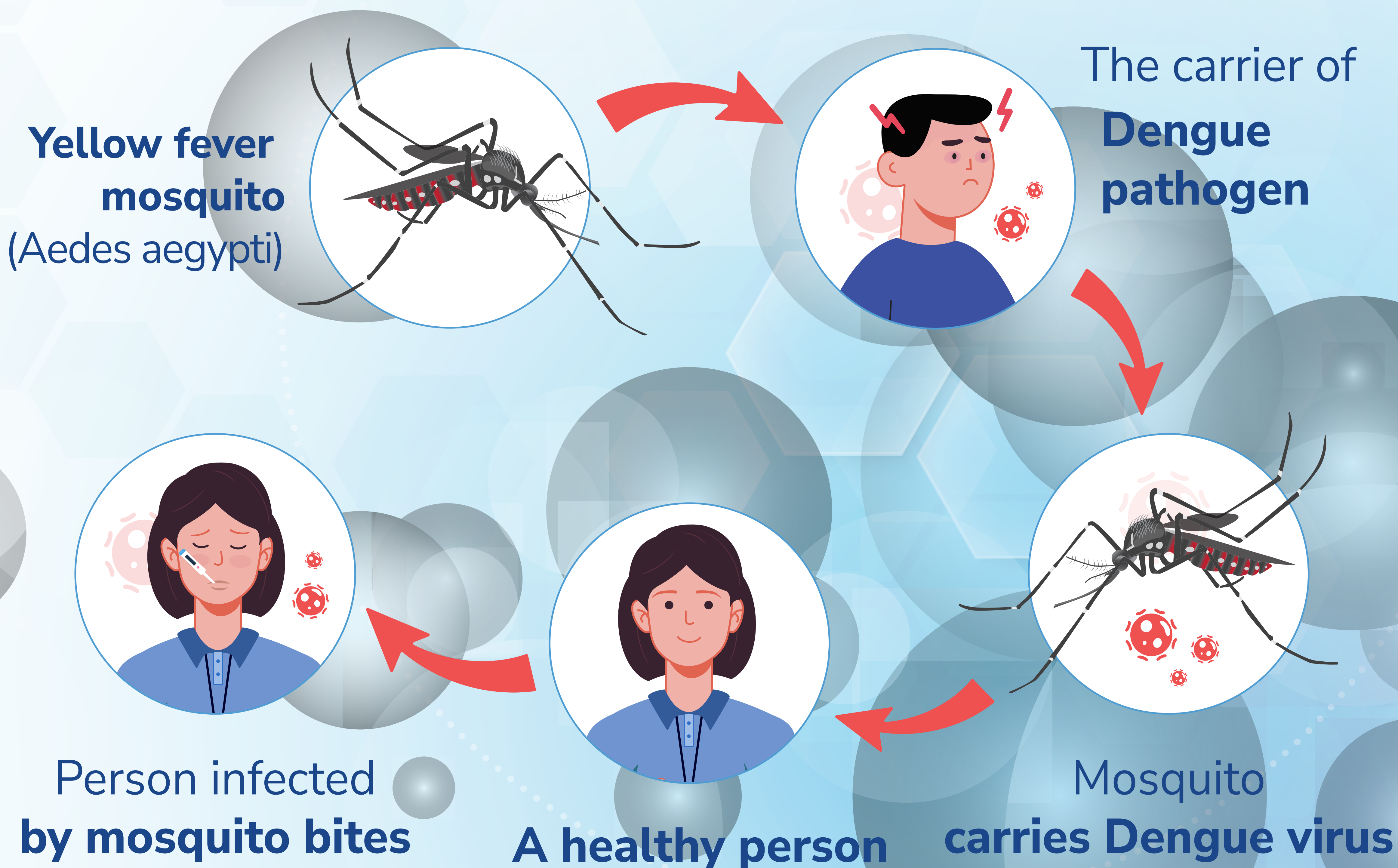


DENGUE

FEVER

Things to know

INFECTION PROCESS OF DENGUE







Dengue period

Dengue starts in April and lasts until the end of the year, **peaking at July, August, September and October.**

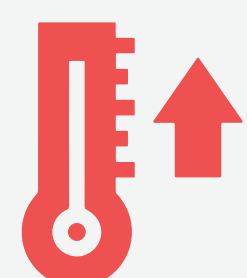
Mosquitoes operate in the daytime, **the peak is early in the morning and evening.**

**** Both adults and children can be infected**

Why is the number of dengue fever soared recently?

-  The weather is erratic and complicated
-  COVID-19 gradually decreased the immune system
-  The population density, the travel between regions increased in the period after the epidemic of Covid-19
-  People have not actively kill larvae and mosquitoes

Symptoms



Sudden high fever at 39 - 40 degrees Celsius lasting 2 - 7 days



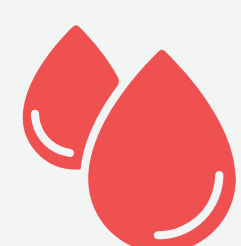
Severe headache in the forehead area



Rash



Nausea



Hemorrhage: Under the skin, nosebleeds, menstruation abnormal, gastrointestinal bleeding,...



Abdominal pain, lower right side



Pain behind the eyes, in the muscles and joints



Notes for PEOPLE WITH DENGUE



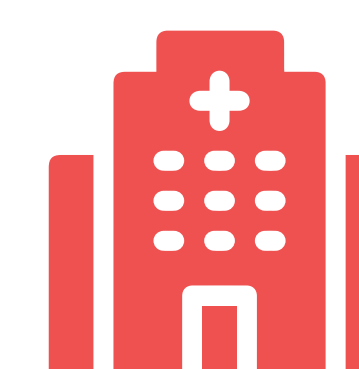
Reducing fever on the 4th day of the disease is **the most dangerous time** because of **severe complications**



Only use medicine with the **doctor's guidance**



Home treatment with mild cases under the doctor's guidance



Treatment at hospital when there is a sign of serious illness and bleeding

Prevention



Seal all water containers



Personal hygiene, accommodation and environment cleaning , turning water containers upside down when not in use



Wear long-sleeved clothes



Use sleeping net even during the day



Use mosquito repellent spray, scent or cream, electric flyswatter



Let infected people use sleeping net, avoid mosquito bites to prevent spreading the disease to others