

SCRUB TYPHUS



Scrub typhus is an infectious disease, transmitted through the bites of infected chiggers (larval mites). It involves acute onset, varied manifestations and causing life-threatening severity, but getting appropriate treatment will speed up the recovery process. Scrub typhus **mostly occurs in rural and mountainous areas**. It often appears sporadically, possibly occurs all year round and peaks in the spring - summer - autumn months.

! Symptoms



Fever: often sudden; continuous high, may be accompanied by chills, headache and body aches.



Skin and mucosal manifestations:

- Bleeding spots on the skin, possibly slight edema under the face and instep's skin and eye congestion.
- Skin ulcers: oval in shape, 0.5-2cm in size, with black scales or they have scabbed to form ridged; usually painless, localized in soft skin areas such as armpits, chest, neck, groin, abdomen, etc.
- Skin rash: usually appears at the end of the first week of the disease, distributed mainly on the trunk, possibly on the limbs.



Swollen lymph nodes: swollen lymph nodes at the the ulcer area or in the whole body; size 1.5 - 2cm, soft, painless and normal mobility.

Shield Prevention



Wear discreet clothes, clothes impregnated with insect repellent chemicals, apply insect repellent chemicals such as diethyltoluamide on exposed skin.



Kill rats, use insecticides, find a weed killers or burn weeds.