

MALARIA

Malaria is a serious disease caused by the malaria parasite *Plasmodium*, which can be transmitted from person to person through the bite of Anophen mosquito.

! Symptoms

Starting symptoms

- Fever, chills, sweating.
- Body aches, frequent nausea and vomiting.
- Symptoms recur every 48-72 hours, depending on the individual's body and the level of the infection.

Two clinical forms of malaria:



Common malaria

- Typical fever with three stages: Chills – Fever – Sweats.
- Atypical fever: Fever with chills and goosebumps feelings or continuous and fluctuating fever.

Malignant malaria

- Dangerous complications that threaten the patient's life.
- Continuous high fever.
- Dozed off, daydreaming, mumbling, etc.
- Digestive disorders.
- Occurrence of severe headaches.
- Pale skin and mucous membranes, lethargic vision.

🛡️ Prevention



Regularly clean the house, clean wet and dusty areas to prevent mosquito growth.



Indoor residual spraying, insect repellent spray or application of mosquito repellent tips.



Use a mosquito net and tuck it in carefully when sleeping to avoid the risk of mosquito bites at night.



Learn and collect information locally every time a malaria outbreak occurs to have timely prevention methods.



If you have malaria-suspected symptoms, quickly go to reliable hospitals or medical facilities for timely testing and treatment to prevent the disease from developing.