



Dengue fever is an infectious disease caused by the dengue virus. The virus is transmitted from an infected person to a healthy person by mosquito bites. The disease occurs year-round, often increasing in the rainy season. It can be fatal if not diagnosed early and treated promptly.

! Symptoms

- High fever at 40°C.
- Usually accompanied by at least 2 of the following symptoms:
 - Headache
 - Eye socket pain
 - Nausea and/or vomiting
 - Swollen lymph nodes
 - Muscle, bone and joint pain
 - Rash.
- Most people will recover after about a week.
- Signs of severe dengue hemorrhagic fever:
 - Severe abdominal pain
 - Continuous vomiting
 - Bleeding gums and teeth
 - Vomiting blood
 - Fast breathing
 - Tiredness, restlessness.



Prevention



Kill mosquitoes and swarms.



Sleep with mosquito net and apply mosquito repellent.



Keep the house clean.



Do not keep water containers or leave them open. If you do, cover them and regularly change and remove stagnant water.



Actively coordinate with the authorities in chemical sprays to prevent epidemics.